



FYYA Animator Resources

The Commission on Youth and Young Adults has utilized the following resources in their development of training and networking opportunities for regional and local YouFra animators. The list is not exhaustive. The commission is committed to staying updated on the latest research and developments in young adult ministry. As new resources are developed and discovered, they may be added to the list.

Essential Documents

We recommend compiling a binder labeled *Franciscan Youth and Young Adult Essential Documents* for easy access. Individual essential documents are accessible via secularfranciscansusa.org. (Each Regional Minister or Animator received an FYYA Essential Documents binder along with a flash drive to enable making copies.)

YouFra Library

Youth and Young adults are often seeking a deeper understanding of their Catholic faith, and the heart behind our Catholic teachings. Books for this purpose to have in their group library (or as individuals) are:

Bible. (All quotes in the sessions are taken from the New American Bible.)

YOUCAT (youth/young adult Catechism of the Catholic Church)

DOCAT (Catholic Social Teaching for youth/young adults)

or ***Catechism of the Catholic Church and Compendium;***

Compendium of the Social Doctrine of the Church;

Catholic Faith Handbook for Youth (Minnesota: St. Mary's Press)

Pastoral Planning Resources

Christ is Alive! (Christus Vivit):

To Young People and to the Entire People of God

Publisher: United States Conference of Catholic Bishops (April 2, 2019)

ISBN-10: 1601376286

ISBN-13: 978-1601376282

Sons and Daughters of the Light:

A Pastoral Plan for Ministry with Young Adults

Publisher: U.S. Conference of Catholic Bishops; Revised ed. edition (January 1, 1997)

ISBN-10: 1601370903

ISBN-13: 978-1601370907

(Downloadable from USCCB website)

Directory for Catechesis: New Addition

Publisher: United States Conference of Catholic Bishops (June 25, 2020)

ISBN-10: 1601376693

ISBN-13: 978-1601376695

Renewing the Vision:

A Framework for Catholic Youth Ministry

Publisher: United States Conference of Catholic Bishops, 2002

ISBN 1-57455-004-7

(Downloadable from USCCB website)

National Dialogue on Catholic Pastoral Ministry with Youth and Young Adults: Final Report

Publisher: National Federation for Catholic Youth Ministry

Copyright: 2021

Download: <https://formationreimagined.org/wp-content/uploads/2021/03/NDreportEN.pdf>

National Directory for Catechesis

Publisher: USCCB Publishing (April 26, 2005)

ISBN-10: 1574554433

ISBN-13: 978-1574554434

Our Hearts Were Burning Within Us:

A Pastoral Plan for Adult Faith Formation in the United States

Publisher: USCCB Publishing; 3rd Printing edition (January 1, 2002)

ISBN-10: 1574553313

ISBN-13: 978-1574553314

Disaffiliation Resources

Going, Going, Gone: The Dynamics of Disaffiliation in Young Catholics

Publisher: Saint Mary's Press

Copyright: Jan. 16, 2018

ISBN: 978-1-59982-982-1

ISBN-10: 1-59982-982-7

The State of Religion and Young People 2021: Navigating Uncertainty – Catholic Edition

Publisher: Springtide Research Institute

Copyright: 2021

ISBN: 978-1-64121-177-2

Choosing Our Religion: The Spiritual Lives of America's Nones

Publisher: Oxford University Press; 1st edition (April 1, 2016)

Copyright: April 1, 2016

ISBN: 978-0-19-934122-1

ISBN-10: 0-19-934122-2

Accompaniment Resources

Faith Talk: Having Conversation that Matter with Youth

Publisher: Saint Mary's Press

Copyright: Nov. 12, 2018

ISBN: 978-1-64121-016-4

ISBN-10: 1-64121-016-8

Digital ISBN: 9781641211444

Meaning Making: 8 Values That Drive America's Newest Generations

Publisher: Springtide Research Institute; 1st edition (July 31, 2020)

ISBN-10: 1641210907

ISBN-13: 978-1641210904

Mental Health Resources

The State of Religion & Young People 2022: Mental Health—What Faith Leaders Need to Know

Publisher: Springtide Research Institute

Copyright: 2022

ISBN: 978-1-64121-178-9

Belonging: Reconnecting America's Loneliest Generation

Publisher: Springtide Research Institute (March 25, 2020)

ISBN-10: 1641210893

ISBN-13: 978-1641210898

Work / Life: Helping Gen Z Flourish & Find Balance

Publisher: Springtide Research Institute

Copyright: April 21, 2021

ISBN: 978-1-64121-146-8

ISBN-10: 1-64121-146-6

Discernment Resources

Ten Evenings with God

Publisher: Liguori (September 1, 2008)

ISBN-10: 0764817426

ISBN-13: 978-0764817427

Called: What Happens after saying Yes to God

Publisher: Franciscan Media (March 7, 2018)

ISBN-10: 1632532417

ISBN-13: 978-1632532411

Vocation Resources

Vision Vocation Network

A Resource of the National Religious Vocation Conference.

Website: <https://vocationnetwork.org/en/>

Catholic Volunteer Network

Catholic Volunteer Network fosters and promotes full-time domestic and international faith-based volunteer service opportunities for people of all ages, backgrounds, and skills.

Website: <https://catholicvolunteernetwork.org/>

Young Adult American Catholics:

Explaining Vocation in Their Own Words

Publisher: Paulist Press (August 7, 2018)

ISBN-10: 0809153939

ISBN-13: 978-0809153930

On-line Resources

- *Accompanying Young People in a Digital Age/Franciscans, Youth and Faith*--Dan Horan, OFM and Casey Cole, OFM
- *Dating God* (Dan Horan/blogs) Fr. Dan Horan, OFM:
- <https://danhoran.com>

- <https://www.facebook.com/DanHoranOFM>
- Fr. Casey Cole, OFM, *Breaking In The Habit*; Franciscan Media: Breakinginthehabit.org
- youtube.com/breakinginthehabit
- Busted Halo <https://bustedhalo.com>
- www.Theologyofthebody.net Catholiccasts. Series exploring Theology of the Body/Saint Pope John Paul II
- Young Voices (National Catholic Reporter) Couples a theological background with real-world commentary. Talented group of writers share their personal stories and individual faith commentaries.

Programming Resources

Beyond Disaffiliation: A Process for Hope-Filled Action

Publisher: Saint Mary's Press

Copyright: Aug. 29, 2019

Format: Print Guidebook + Digital video

ISBN: 978-1-64121-082-9

ISBN-10: 1-64121-082-6

Connecting Young Adults to Catholic Parishes:

Best Practices in Catholic Young Adult Ministry

Publisher: United States Conference of Catholic Bishops (March 5, 2010)

ISBN-10: 1574555464

ISBN-13: 978-1574555462

Young Adult Ministry in a Box

Description: A subscription based web resource that helps you create and sustain ministry to young adults.

Website: www.youngadultministryinabox.com

About Social Media

The Social Media Gospel: Sharing the Good News in New Ways

Publisher: Liturgical Press; Second edition (September 16, 2015)

ISBN-10: 0814647073

ISBN-13: 978-0814647073

Adult Ministry Network

National Advisory Team on Young Adult Ministry

The United States Conference of Catholic Bishops' Committee on Laity, Marriage, Family Life and Youth (LMFLY) has set up a special ad-hoc National Advisory Team on Young Adult Ministry to serve as nationwide network, resource group, and consulting body to the bishops on young adults and the Church's pastoral ministry with them. The Advisory Team's mandate from the Committee includes:

- To provide ongoing input and feedback on ministry with young adults to the bishops
- To provide pastoral support to parish and diocesan leaders in the field
- To develop a national coalition of young adult ministry leaders

The Advisory Team is comprised of key leaders in parish, campus, diocesan, and organizational ministries from across the United States.

Website: <https://www.usccb.org/topics/youth-and-young-adult-ministries/young-adult-ministry>

Faith Development Session Ideas

Of course, there are a myriad of books to choose from should the YouFra group decide they'd like to read and discuss one together. The following books have been recommended by other groups, and seem to particularly appeal to young adults.

- Murray Bodo—*Francis and Jesus*;
- *Surrounded by Love: Seven Teachings From St. Francis*
- Dan Horan—*God is Not Fair, and Other Reasons for Gratitude*;
- *Dating God: Live and Love in the Way of St. Francis*
- Casey Cole—*Called. What Happens After Saying Yes to God*;
- *Let Go: Seven Stumbling Blocks to Christian Discipleship* (E-Book)

FYYA Commission or OFS Written Faith Development Session Choices

(On website; <https://www.secularfranciscansusa.org/franciscan-youth/>)

- Canticle of the Sun, Franciscan-Based High School and Young Adult Program. Compiled by Jean D'Onofrio, OFS, Kelly Moltzen, OFS and Charlie Zeiss, OFS and revised/updated by Kathleen Molaro, OFS Commission Chair, 2020.
- Living a Gospel Life: Walking in the Steps of Jesus and Sts. Francis and Clare of Assisi. (Young adult faith development sessions based on articles of the OFS Rule), written by Kathleen Molaro, OFS and Jean D'Onofrio, OFS, FY/YA Commission members, 2020.
- Holy Half-Hours for Franciscan Young Adults, reflections on Articles of the OFS Rule, written by Kathy Taormina, OFS, FY/YA Commission Spiritual Assistant, 2019.

Young Adult Ministry Training

The National Institute on Ministry with Young Adults

The National Institute for Ministry with Young Adults is the Catholic academic, ecclesial, and pastoral institute dedicated to the formation and accompaniment of pastoral leaders who minister to and with young women and men in their late teens, twenties, and thirties. The Institute is committed to the research and development of effective pastoral practices and innovative models of evangelization and ministry with all young adults of every cultural community, religious experience, and place in society.

Website: <https://www.ministrywithyoungadults.org/>

Commission Developed Animator Training Sessions

(The basic “Core Four” and Ongoing Training PowerPoints and Presentations can all be found on the National Website-- <https://www.secularfranciscansusa.org/franciscan-youth/>)

“Core Four” Animator Training Power Points and Narratives

- Session One: Our Mission to Young People
- Session Two: What is YouFra?
- Session Three: What is Youth Ministry?
- Session Four: What is Young Adult Ministry?

Ongoing Training Recordings

- Baptism and Profession: Our Call to Mission (recorded version of Session One of Core Four)
- Qualities of Good Listening; Why it’s Important
- Listening Sessions
- Building Leadership Skills in Young People
- How to Create Faith Development Sessions

To Motivate Regions

- YouFra Across the United States/PPT and Narrative