

Franciscan Youth/Young Adult Resources

We recommend compiling a binder labeled *Franciscan Youth and Young Adult Essential Documents* for easy access. Individual essential documents are accessible via secularfranciscansusa.org.

YouFra Library

Youth and Young adults are often seeking a deeper understanding of their Catholic faith, and the heart behind our Catholic teachings. Books for this purpose to have in their group library (or as individuals) are:

Bible. All quotes in the sessions are taken from the New American Bible.

YOUCAT (youth/young adult Catechism of the Catholic Church)

*DOCAT (Catholic Social Teaching for youth/young adults)
or the Catechism of the Catholic Church and Compendium; Compendium of the Social Doctrine of the Church;*

Catholic Faith Handbook for Youth (Minnesota: St. Mary's Press)

Beyond Disaffiliation; A Process for Hope-Filled Action (Minnesota: St. Mary's Press)

Going, Going Gone; The Dynamics of Disaffiliation in Young Catholics (Minnesota: St. Mary's Press)

Online Resource Suggestions

Accompanying Young People in a Digital Age/Franciscans, Youth and Faith--Dan Horan, OFM and Casey Cole, OFM

Dating God (Dan Horan/blogs)

Fr. Dan Horan, OFM:

- <https://danhoran.com>
- <https://www.facebook.com/DanHoranOFM/>

Br. Casey Cole, OFM at *Breaking In The Habit Media*:

- Breakinginthehabit.org
- youtube.com/breakinginthehabit

Busted Halo

<https://bustedhalo.com/>
www.Theologyofthebody.net

Catholiccasts. Series exploring Theology of the Body/Saint Pope John Paul II

Young Voices (*National Catholic Reporter*) Couples a theological background with real-world commentary. Talented group of writers share their personal stories and individual faith commentaries.

Faith Development Session Ideas

Of course, there are a myriad of books to choose from should the YouFra group decide they'd like to read and discuss one together. The following books have been recommended by other groups, and seem to particularly appeal to young adults.

Murray Bodo—*Francis and Jesus; and Surrounded by Love: Seven Teachings From St. Francis*

Dan Horan—*God is Not Fair, and Other Reasons for Gratitude; and Dating God: Live and Love in the Way of St. Francis*

Casey Cole—*Called. What Happens After Saying Yes to God; and Let Go: Seven Stumbling Blocks to Christian Discipleship (E-Book)*

Ian Morgan Cron—*Chasing Francis: A Pilgrim's Tale (fiction)*

(following are all available on our website)

Guide for Franciscan Youth and Young Adult Ministry—Written and compiled by previous FY/YA Commission, individual sections will be available website.

Come and See Digests—Various Franciscan topics available. Newly revised versions by David and Therese Ream, available on national website.

Canticle of the Sun, Franciscan-Based High School and Young Adult Program.
Compiled by Jean D'Onofrio, OFS, Kelly Moltzen, OFS and Charlie Zeiss, OFS and revised/updated by Kathleen Molaro, OFS Commission Chair, 2020.

Living a Gospel Life: Walking in the Steps of Jesus and Sts. Francis and Clare of Assisi.
(Young adult faith development sessions based on articles of the OFS Rule), written by Kathleen Molaro, OFS and Jean D'Onofrio, OFS, FY/YA Commission members, 2020.

Holy Half-Hours for Franciscan Young Adults. reflections on Articles of the OFS Rule, written by Kathy Taormina, OFS, FY/YA Commission Spiritual Assistant, 2019.

“Ten Steps to Form a YouFra.” Article clarifying the steps found in essential documents regarding the establishment of a YouFra (Youth Fraternity).