

# Rite of Eucharistic Exposition and Benediction

## Exposition of the Blessed Sacrament

**Kneel:** When the presider (priest or deacon) goes to the tabernacle and when he opens it all kneel.

Once the celebrant has reached the front of the altar and kneels, O Saving Victim is sung by the congregation.

O saving Victim, open wide  
The gate of heaven to us below.  
Our foes press on from every side;  
Your aid supply, your strength bestow.

To your great name be endless praise,  
Immortal Godhead, One in Three;  
O grant us endless length of days  
In our true native land with thee. Amen.

O salutaris Hostia  
Quae caeli pandis ostium; Bella  
premunt hostilia,  
Da robur, fer auxillium.

Uni trinoque Domino  
Sit sempiterna gloria,  
Qui vitam sine termino Nobis donet  
in patria. Amen.

### ADORATION

During this period there may be appropriate prayers, songs, readings from scripture, and a brief homily to help the congregation focus its attention to the worship of the Lord. It is important to remember that the Eucharist is the "*Real Presence*" of Jesus Christ. You may kneel or be seated for your private portion of adoration/devotion.

### BENEDICTION

After a period of meditation and reflection the celebrant goes to the altar, genuflects, and kneels. All kneel and join in singing the *Tantum Ergo*.

Down in adoration falling,  
This great Sacrament we hail; Over  
ancient forms of worship Newer  
rites of grace prevail; Faith will tell  
us Christ is present, When our  
human senses fail.

To the everlasting Father,  
And the Son who made us free,  
And the Spirit, God proceeding  
From them Each eternally,  
Be salvation, honor, blessing, Might  
and endless majesty. Amen.

Tantum ergo Sacramentum  
Veneremur cernui,  
Et antiquum documentum Novo  
cedat ritui;  
Praestet fides supplementum  
Sensuum defectui.

Genitori Gentioque  
Laus et jubilatio,  
Salus, honor, virtus quoque Sit et  
benedictio; Procedenti ab utroque  
Compar sit laudatio. Amen.

**All remain kneeling when the presider stands and says**

**Priest/Deacon:** You have given them Bread from heaven (P.T. Alleluia)

**ALL:** Having all sweetness within it (P.T. Alleluia)

**Priest/Deacon:** Let us pray! O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, for ever and ever.

**ALL: Amen.**

**The celebrant will then bless all present with the Eucharist.**

After the presider has blessed everyone, he will come back in front of the altar and kneel and lead everyone in the Divine Praises.

Blessed be God.  
Blessed be his holy name.  
Blessed be Jesus Christ, true God and true man. Blessed be the name of Jesus.  
Blessed be his most Sacred Heart.  
Blessed be his most Precious Blood.  
Blessed be Jesus in the most holy sacrament of the altar.  
Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.  
Blessed be her holy and Immaculate Conception. Blessed be her glorious Assumption.  
Blessed be the name of Mary, virgin and Mother. Blessed be St. Joseph, her most chaste spouse. Blessed be God in his angels and in his saints. Amen.

## **REPOSITION**

When the priest or deacon has blessed everyone he then replaces the Blessed Sacrament in the tabernacle and genuflects, all stand and join in singing.

Holy God, we praise thy name;  
Lord of all, we bow before thee;  
All on earth they scepter claim;  
All in heaven above adore thee.  
Infinite they vast domain,  
Everlasting is thy reign!

Hark, the loud celestial hymn;  
Angel choirs above are raising;  
Cherubim and Seraphim,  
In unceasing chorus praising, Fill  
the heavens with sweet accord:  
"Holy, holy, holy, Lord!"