

THE STIGMATA OF ST. FRANCIS AND THE HOLY ROSARY



The Five Sorrowful Mysteries



Jesus Suffers His Agony in the Garden *FOR ME...*

Meditating on the wound in the right hand of Francis and Christ, remember how Jesus used the power of his touch to heal the sick, the lame, the deaf the dumb and the possessed. Remember how Francis used the power of his touch to embrace the leper with sincere and fearless love. We use the power of our touch when we aid those who suffer physical ailments and torturous pain. We hold their hands in loving and unconditional support. (Silent Meditation)

Pray the first decade of the Rosary...



Jesus is Scourged at the Pillar *FOR ME...*

Meditating on the wound in the left hand of Francis and Christ, remember that we use our hands to comfort our brothers and sisters in times of agony and distress. We use our hands to write a note of encouragement to our homebound and infirmed fraternity members. We use our hands to bring offerings of food, medicine and other basic needs to our brothers and sisters in need. We use our hands to comfort in times of grief. (Silent Meditation)

Pray the second decade of the Rosary...



Jesus is Crowned with Thorns *FOR ME...*

Meditating on the wound in the right foot of Francis and Christ, remember that we use our feet to carry us to our Fraternity Gatherings. It is there that we feed our souls and bodies with the nourishment we need to continue our witness of the Gospel of our Lord, Jesus Christ as instructed by Francis. May we be conscious of the thorns that come with Fraternity life and our diverse personalities, striving to live in peace as brothers and sisters of penance. (Silent Meditation)

Pray the third decade of the Rosary...



Jesus Carries His Cross *FOR ME*...

Meditating on the wound in the left foot of Francis and Christ, remember how Jesus walked obediently to Calvary with the weight of the sins of humanity on His shoulders. Remember how Francis so desired to walk in the footsteps of Christ that he received the five wounds of Christ in the Stigmata. May we carry our own crosses in union with Jesus and Francis as we do what is ours to do in the rebuilding of His church. (Silent Meditation)

Pray the fourth decade of the Rosary...



Jesus is Nailed to the Cross and Dies *FOR ME*...

Meditating on the wound in the side of Francis and Christ, remember how the saving power of God poured forth from the side of our Savior! Remember that Jesus was the fulfillment of God's promise of Salvation offered to each and every one of His children. May we continue to be followers of Francis and Christ as we graciously and gratefully continue in our Franciscan vocations. We pray for the salvation of all souls, in Jesus' name... Amen (Silent Meditation)

Pray the fifth decade of the Rosary...

Close with the Praises of God which is on page 99 in the Ritual of the Secular Franciscan Order.

This prayer exercise was prepared in commemoration of the 800th Centenary Celebration of The Stigmata of St. Francis of Assisi. 2024 AD